

# HERE FOR YOU NOW LIKE WE'VE ALWAYS BEEN

Fiscal Year 2020 • Community Benefit Report



Laura Devous, FNP-C with Harper

 **Hamilton Memorial**  
HOSPITAL DISTRICT

611 S MARSHALL AVENUE | MCLEANSBORO, IL 62859



[hmhospital.org](http://hmhospital.org)





Calan, RN caring for patients in HMHD COVID tent

## 6 DEAR FRIENDS



## 13 CARDIAC REHAB SERVICES



## 15 SERVICES





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611 S MARSHALL AVENUE  
MCLEANSBORO, IL 62859

## BOARD OF DIRECTORS

Mike Lewis  
*Board President*

Paula Hatfield  
*Vice President*

Wayne Morris  
*Treasurer*

John Warner  
*Secretary*

Kenny Aydt

Christina Epperson

Kelly Karcher

Greg Muehlenbein

Larry Rowland

## MEDICAL STAFF LEADERSHIP

Alec Hood, MD  
*Medical Staff President*  
2019-2020

Rodney Miller, MD  
*Medical Staff President*  
2020-2021

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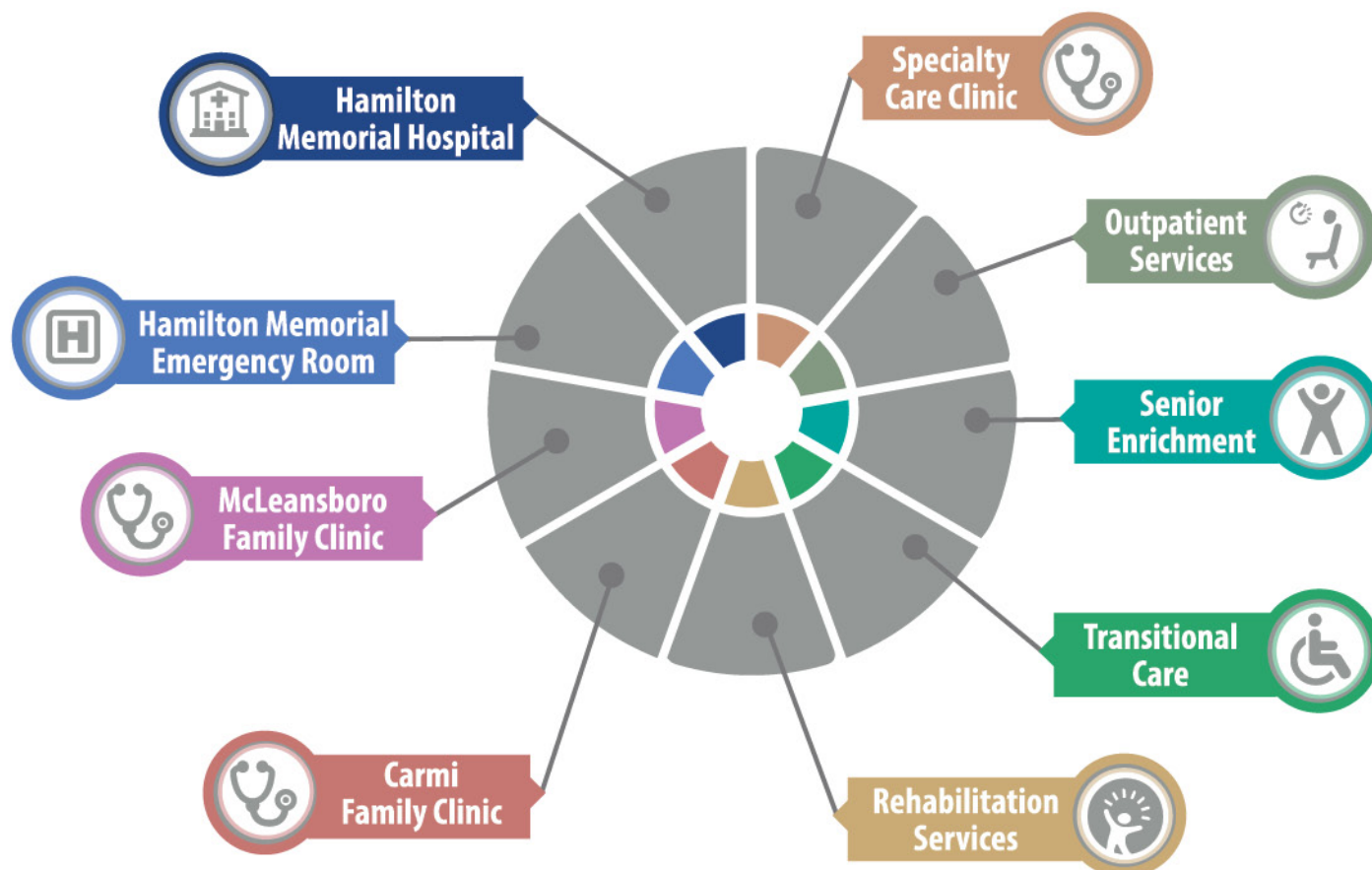


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## SYSTEM OF CARE



## SYSTEM OF CARE



**Our Mission:** To enhance the delivery of healthcare to our community and surrounding areas by providing accessible quality healthcare services, education, and facilities.

**Our Vision:** To dedicate ourselves to providing the best healthcare services for the communities we serve by offering both inpatient and accessible outpatient services.

**Our Goals:** Patient Satisfaction, Remarkable Care, Growth, Employee and Provider Satisfaction, Outstanding Safety, Improve Community Health.



## MEET OUR BOARD OF DIRECTORS AND MEDICAL STAFF BOARD



**Mike Lewis**  
Board President



**Paula Hatfield**  
Vice President



**Wayne Morris**  
Treasurer



**John Warner**  
Secretary



**Kenny Aydt**



**Christina Epperson**



**Kelly Karcher**



**Greg Muehlenbein**



**Larry Rowland**



**Alec Hood, MD**  
Medical Staff President  
2019-2020



**Rodney Miller, MD**  
Medical Staff President  
2020-2021





# Dear friends,

Looking back at 2020, it's safe to say it will be a year we will never forget. That's not just for obvious reasons, but because even with our current reality it's been extraordinary to see our communities and healthcare professionals come together to help HMHD continue to fulfill our mission of providing accessible quality healthcare.

During this national pandemic, it has always been of utmost importance to continue to provide safe, quality care to the communities we serve.

In early March, we began establishing enhanced COVID-19 safety precautions and environmental service protocols to keep our patients and staff safe. From increased sanitation of high-touch surfaces and masking to offering virtual clinic visits and installing temperature monitoring kiosks, safety has been and will continue to be a top priority.

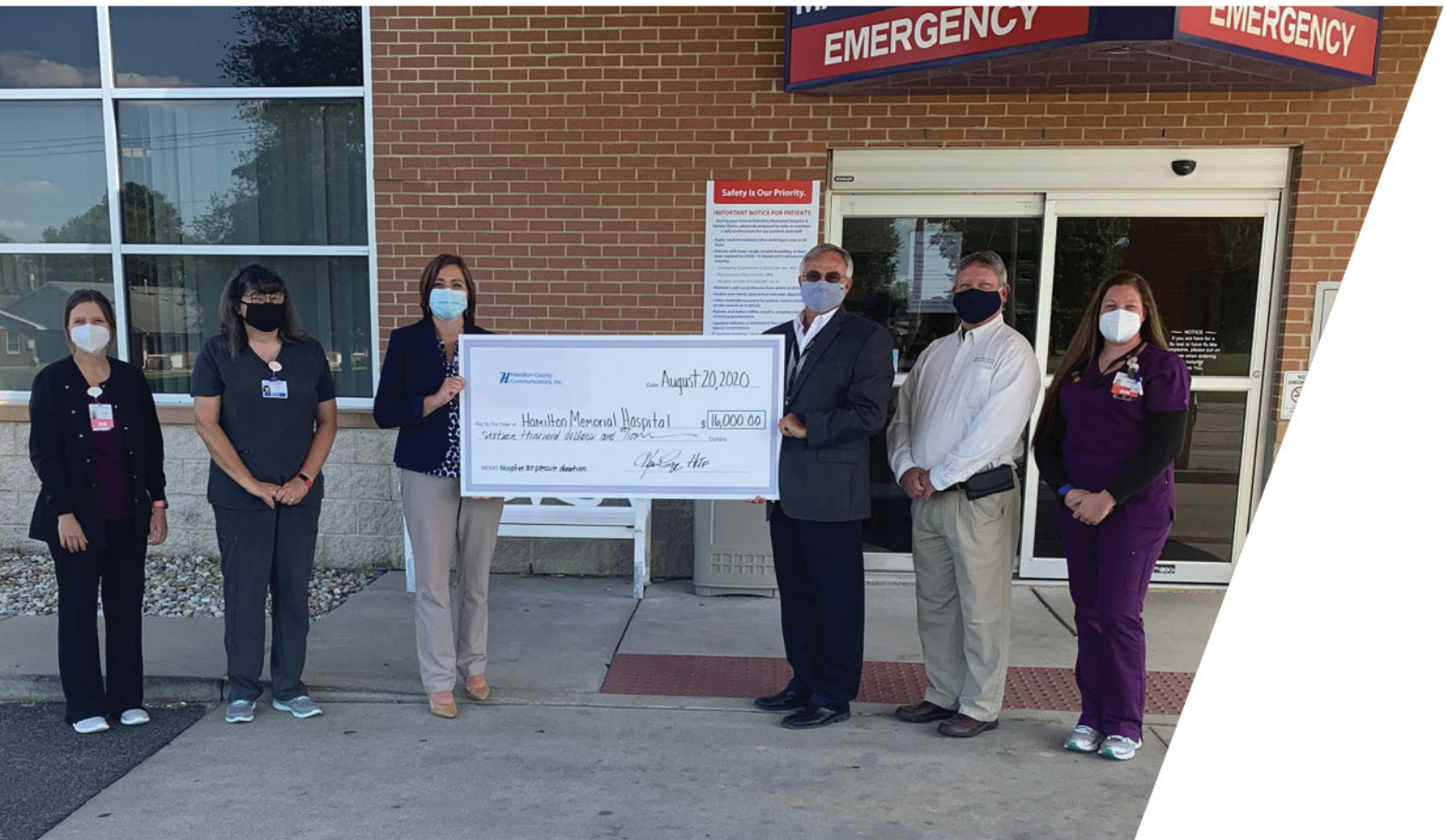
Our staff has worked diligently during these unprecedented times. As a result, our family clinics and other important hospital services, such as rehabilitation therapy, mammography, laboratory, and even outpatient surgery, have continued to be

safely available for your healthcare needs.

We would be remiss, if we did not thank our community for your support during this national pandemic. Your acts of kindness allowed us to care for our patients while keeping our spirits high. We received hundreds of homemade simple surgical masks, our staff was fed many times, and our community never forgot to thank our staff for their dedication. We also received a substantial donation from the Hamilton County Telephone Co-op Foundation that will allow us to install additional negative air pressure environments to our facility.

The support from our community allowed us to continue to do our jobs while still being able to safely go home to our families each night. Thanks in large part to you, we will continue to be here - like we've always been.

Respectfully,  
Victoria Woodrow, MBA  
Chief Executive Officer



Hamilton County Telephone Coop Foundation presents \$16,000 donation to fund additional negative air pressure at HMHD.



# Celebrating 60 Years

It all started with an idea and a belief that the citizens of Hamilton County deserved the services of a hospital close to home, and this year HMHD celebrated 60 years of doing just that!

Working under the guidelines of the Hospital District Act in 1957, petitions were signed that eventually lead to the opening of HMHD. On May 14-15, 1960 HMHD opened its doors for the first time with the mission of providing quality care to the residents of Hamilton County. Sixty years later, HMHD is proud to still be fulfilling that mission every day. The hospital was originally constructed with 32 patient beds plus an obstetrician and nursery, and the first patient was admitted on May 20, 1960.

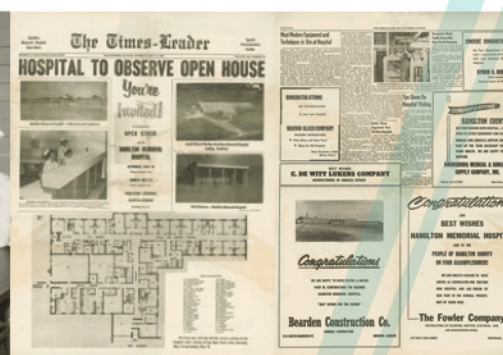
Today, the hospital has obtained Critical Access status, which allows for 25 inpatient beds. In addition, HMHD has two rural health clinics, behavioral healthcare services, and several outpatient and specialty care services.

"We are so very proud to have served the community for 60 years," said Hamilton Memorial Hospital CEO, Victoria Woodrow. "The district, like the healthcare industry has experienced many changes since our doors first opened, however the mission to provide quality care hasn't," continued Woodrow. "We are thankful to the citizens of Hamilton County for allowing us to serve them for the past 60 years and look forward to many more years of meeting their healthcare needs," Woodrow continued.

With the healthcare consumer in mind, Hamilton Memorial Hospital allows for easy access to healthcare services, and will continue to strive to fulfill its honorable mission; to enhance the delivery of healthcare to our community and the surrounding areas by providing accessible quality healthcare services, education, and facilities.

**"The support of the community has allowed for the expansion of services and the purchase of new equipment for our hospital to be able to fulfill the healthcare needs of our community."**

***Mike Lewis, Hamilton Memorial Hospital Board President***





BY THE NUMBERS



**128,599**

Total inpatient and outpatient visits and procedures



**4,057**

Emergency Dept. Visits



**12,584**

Clinic Visits



**75,389**

Lab Tests



**149**

Transitional Care Admissions



**2,604**

Senior Enrichment Center Visits & Virtual Visits



**9,055**

Radiology Images



**3,326**

Observation & Patient Days



**21,435**

Rehab & Therapy Modalities



**977**

Vaccines provided in communities



**2,962**

COVID-19 Tests



**Community-based services include:**



Sports clinics & physicals for student athletes



Fall & Reduced Lab Work



Drive-Thru Flu Clinic



Senior Citizen Outreach



Free Concussion Baseline Screenings for Hamilton County Student Athletes



**\$31,000**

Financial assistance for those unable to pay in 2020



**178**

Number of Employees



**\$6,517,405**

Total Gross Employee Wages



One of Hamilton County's largest employers!



# Triumph Over Breast Cancer: Paula's Story

In the United States, 1 in 8 women will be diagnosed with breast cancer in their lifetime. In 2019, these statistics became a reality for Hamilton County resident, Paula Hatfield. Below is her story of triumph over breast cancer and how early detection with 3D mammography from Hamilton Memorial Hospital helped make it a happy ending.

*I am a faithful customer of Hamilton Memorial Hospital McLeansboro Family Clinic, when I am sick or when the need to see a healthcare provider arises - I always see my local provider. However, I had a cyst on my breast that would not go away, so I scheduled an appointment with my OB-GYN and they recommended getting a mammogram.*

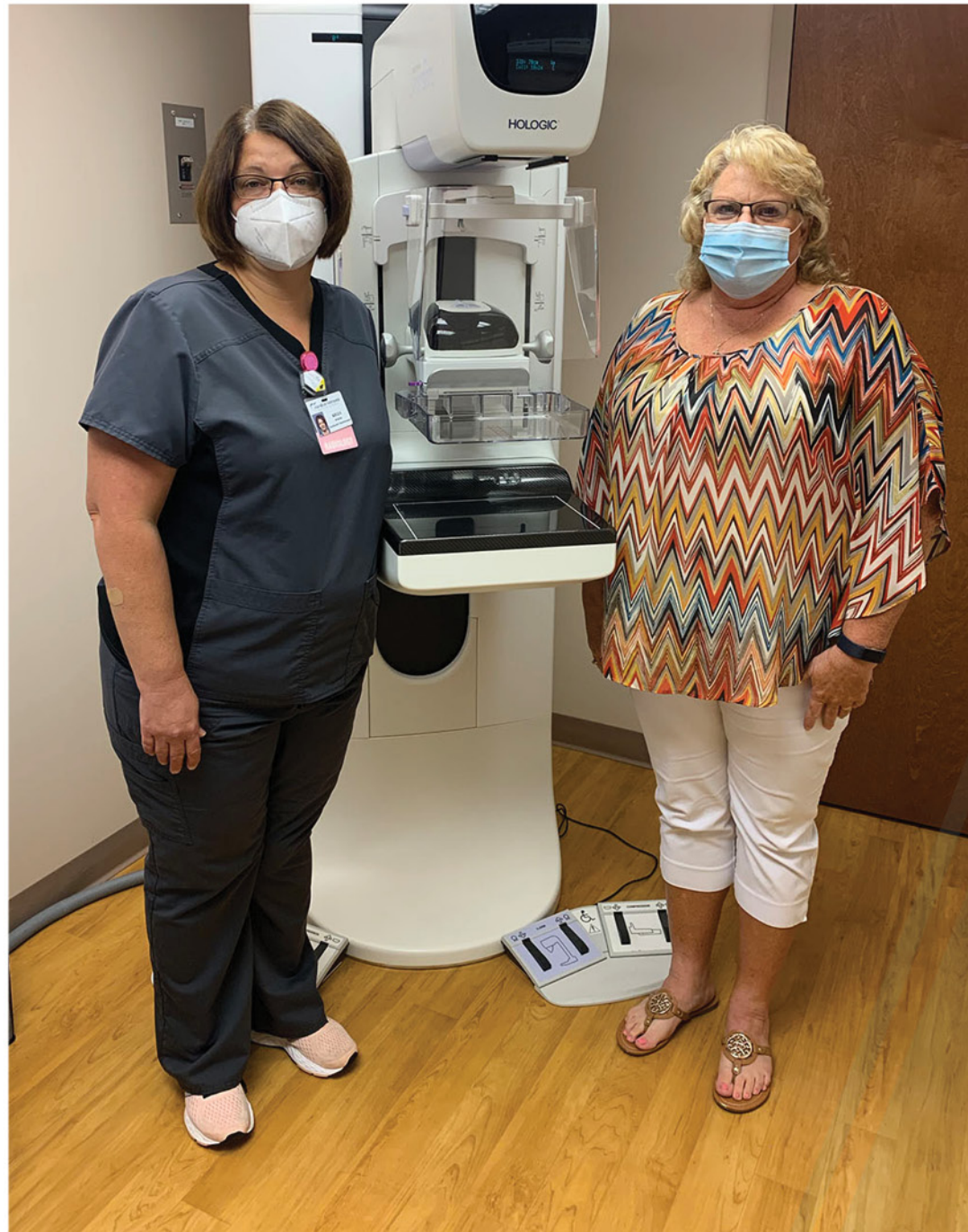
*Since Hamilton Memorial Hospital now offers 3D mammography and I am comfortable with the facility and the staff, I decided to get my mammogram there. A week after my mammogram, I received a call with my complete results - the cyst was gone, but my mammogram had dedicated a lump in my opposite breast.*

*As shocked and scared as I was, I was also very thankful to have had access to advanced 3D mammography equipment that could detect such a small lump right here in our little town.*

*During this process, the staff at Hamilton Memorial was great to work with and even helped make my follow-up appointments with a specialist. Due to their assistance and the lump being detected at an early stage, I was able to start treatment right away.*

*I am now happy to report I am currently 9 months cancer free! I could not thank the team at Hamilton Memorial Hospital enough for detecting my breast cancer quickly and showing me so much kindness.*

*When someone asks me why they should go to Hamilton Memorial*



Kelly, Radiology Technologist / Mammography Specialist and Paula Hatfield with 3D mammography equipment

**"We are so very lucky to have this 'diamond in the rough'- right here in our small community."**

***Paula Hatfield, breast cancer survivor  
and Hamilton County resident***

*Hospital, I tell them that they have the most caring staff - they know you by name and make you feel like family. We are so very lucky to have this 'diamond in the rough' - right here in our small community.*

*HMHD Mammography is American College of Radiology accredited and open Monday – Friday. To schedule your mammogram today call 618.643.2361 ext. 2409.*



## Responding to COVID-19



*Paxton, Licensed Practical Nurse in personal protective equipment during COVID-19 pandemic*

Right now, the world, the United States, Illinois, and Hamilton County are continuing to implement and practice safety measures to prevent the spread of the novel coronavirus causing COVID-19 disease. Symptoms of COVID-19 include fever, cough, and shortness of breath or difficulty breathing.

Looking back at the impact COVID-19 has had on our community we are confident that due to community support and working together we, and our community, will all survive this pandemic. However, this virus has impacted our community in dramatic and sweeping ways. Schools have changed their policies, and even had at-home learning in March of 2020. Businesses closed or changed formats to limit gatherings and Hamilton Memorial also made several changes to ensure patient and staff safety, some of which included visitor restrictions, virtual clinic visits, and converting our therapy department into a negative air COVID-19 ward.

Though this may be the hardest community and national adversity we have experienced in generations, we have learned that through the tenacity of human spirit and community camaraderie Hamilton Memorial Hospital District will remain a safe place for you to continue to receive safe, quality healthcare.

We have been humbled by the outpouring of support from the public through donations of funds, and resources for our hard-working caregivers who have continued to come to work each day during the coronavirus pandemic. They have cared for you and your loved ones, sacrificed time at home with family and put their own well-being second for the greater good of our community.

We will all come out of this pandemic smarter, better prepared, and more grateful to live in such a caring and supportive community. Hamilton Memorial Hospital District is proud to be here for you now, like we've always been.



*HMHD nurse with patient, Whitley*



*Mary Jane, HMHD Environmental Services*

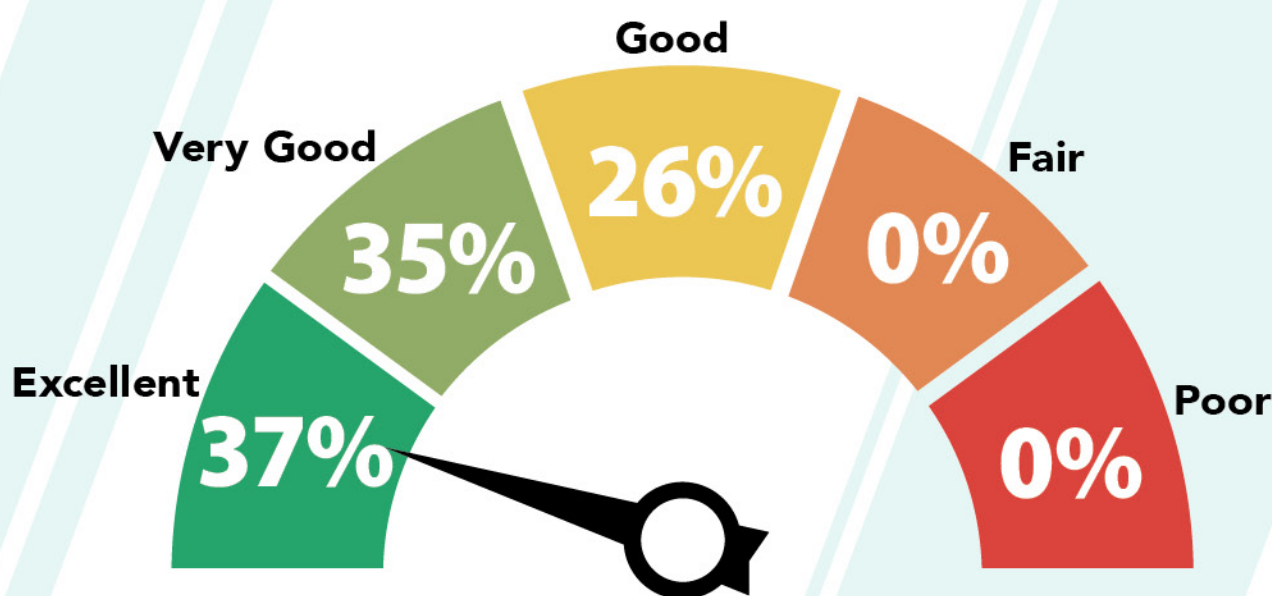


# Patient Safety: Our Priority

A healthcare facility that embraces a culture of safety makes safety its number one priority.

In 2020, Hamilton Memorial Hospital District staff participated in a Culture of Safety survey to gauge their perception of the organization's commitment to safety.

## Overall Safety Rating



## Giving back

- Hamilton County Schools Health Services N95 Mask donation
- The Guardian Center
- Hamilton County Chamber
- Carmi Summer League
- Trade Industries 5K
- McCoy Memorial Library Summer Reading
- McLeansboro Otters Swim Team Invitational Sponsor
- McLeansboro Fire Department Coal Belt Meeting
- 8th Annual Fox Trot 5K
- Women's Leadership Council Imagination Library Sponsor
- Hamilton County High School Foundation
- Dahlgren Grade School Purple White Night
- Hamilton County Rotary Run
- University of Illinois/Hamilton County 4H-Safety Day
- McLeansboro Golf Club Sponsor
- Hamilton County Athletic Association
- Hamilton & White County Relay for Life
- Hamilton County Runners Club
- Carmi Chamber Scholarship Sponsor
- CrossFit HamCo Heat Sponsor
- RLC Foundation Golf Sponsor
- Carmi Christmas Lights of Hope Sponsor
- Hamilton County Cancer Fighters
- Hamilton County Teacher Recognition
- Hamilton County KARE Foundation

**Total given: \$5,810**



Alesha Storey, BSN Hamilton County Schools Health Services accepting N95s from Mitchell Schoenheit, HMHD Director Support Services



HMHD Rehabilitation Services presenting donation to Hamilton County Cancer Fighters



## Welcome New Providers - *Jamie Jacobs, FNP and Morgan Warren, NP*

Jamie Jacobs is a certified Family Nurse Practitioner. Jamie received both her Bachelors of Science in Nursing and Masters of Science in Nursing from the University of Southern Indiana in Evansville, IN. Jamie practices out of HMHD Carmi clinic and her services include: well-women exams, women's health care, family medicine, DOT physicals, illness and infection treatment, immunizations, well-child exams, chronic disease management, physicals, sports physicals and minor injuries. Jamie is currently accepting new patients- to schedule an appointment call 618.382.5030.

Morgan Warren is a certified Nurse Practitioner. A graduate of



**Jamie Jacobs, FNP-C**

Norris City-Omaha-Enfield High School, Morgan went on to receive both her Bachelors of Science in Nursing and Masters of Science in Nursing from Graceland University in Independence, MO. Morgan



**Morgan Warren, NP-C**

works closely with Dr. Hood at McLeansboro Family Clinic. Morgan is currently accepting new patients- to schedule an appointment call 618.643.2988 or 618.643.4371.

## Welcome Dr. Alec Hood

Hamilton Memorial Hospital is pleased to welcome long-time, local physician Alec Hood, M.D. to Hamilton Memorial Hospital McLeansboro Family Clinic as of January 1, 2021.

"I appreciate the trust my patients have shown in allowing me to provide for their medical needs since 1981," said Dr. Alec Hood. "I will continue to provide the same quality care while working closely with Morgan Warren, NP who will be an exceptional asset during this transition and in the coming years of my practice," continued Hood.

Dr. Hood brings thirty-nine years of medical experience in Hamilton County to the Hamilton Memorial

Hospital McLeansboro Family Clinic.

"Dr. Hood has been a trusted physician in our community for many years. His care and dedication to his patients and service to our hospital and medical community has been and will continue to be exceptional – we are pleased to welcome him to our clinic family," said Victoria Woodrow, Hamilton Memorial Hospital CEO.

His office remains in the same location at 611 South Marshall Avenue in McLeansboro. His office hours are Mondays and Wednesdays.



**Alec Hood, MD**

**"I appreciate the trust my patients have shown in allowing me to provide for their medical needs since 1981. I will continue to provide the same quality care while working closely with Morgan Warren, NP who will be an exceptional asset during this transition and in the coming years of my practice."**

***Alec Hood, MD***



# Cardiac Rehabilitation Services

Cardiac Rehabilitation at Hamilton Memorial Hospital is a program designed to provide supervised cardiovascular and strength training exercises to help cardiac patients recover. Cardiac Rehabilitation improves a patient's overall physical, mental, and social function after suffering a cardiac episode, ultimately returning patients to an optimal state of health.

At Hamilton Memorial Hospital we offer outpatient Phase II Cardiac Rehabilitation, which meets the needs of patients with prior cardiac events once they have left the hospital. Following a cardiovascular event, patients should consult with their cardiologist and will need

a physician order to participate in HMHD Cardiac Rehabilitation program. Once scheduled, patients will be evaluated and risk stratified for a treatment plan.

Patients who might benefit from this program are those that have a variety of diagnoses including; post coronary bypass, post valvular replacement or repair, post PTCA or stent, post myocardial infarction (heart attack), cardiomyopathy, coronary artery disease, post heart transplant, and congestive heart failure.

For more information, admissions, or questions call: 618.643.2361 ext. 2700.



"On July 8th of this year, I experienced a heart attack and developed pneumonia that turned into sepsis, and was admitted to the ICU at Good Samaritan Hospital, in Mt. Vernon, IL. During my stay at Good Samaritan, I was intubated and had two bronchoscope procedures. Upon my release, Good Samaritan providers recommended Cardiac Rehabilitation, and I chose Hamilton Memorial Hospital Cardiac Rehabilitation program because it's close to home. The Cardiac Rehabilitation employees have been very good to work with. Their communication has been excellent and they have made everything more enjoyable and challenging. They are willing to give tips and tricks on exercises and ideas to extend my therapy at home so I can recover more quickly!"

— *Randy Schell, Hamilton County resident*

# Foundation Scholarships

Hamilton Memorial Hospital Foundation provides the Careers in Healthcare Scholarship every year to students who have an interest in pursuing a career in healthcare. The 2019-2020 school year brought a new set of challenges for students. The graduating seniors of the 2019-2020 class finished out their school year in the middle of a national pandemic, and the HMHD Foundation felt it was of utmost importance to support and recognize them for their dedication to their future endeavors. The HMHD Foundation presented

scholarships totaling to \$7,000 to the following students:

**Kolby Brake, Hamilton County.**

Kolby is studying physical therapy at Missouri Baptist University.

**Grace Lueke, Hamilton County.**

Grace is studying physical therapy at Southern Illinois University of Edwardsville

**Payton Prince, Hamilton County.**

Payton is studying physical therapy at Kaskaskia Community College.

**Isabelle Bryant, Carmi-White County.** Isabelle is studying

speech pathology and audiology at Southern Illinois University Edwardsville.

**Sydney Lucas, Carmi-White County.**

Sydney is studying to become a Nurse Practitioner at Southern Illinois University Edwardsville.

**Madison Cozart, NCOE.**

Madison is studying to become a Nurse Practitioner at the University of Southern Indiana.

**Makayla Healy, NCOE.**

Makayla is studying to become a Pediatrician/Physician at the University of Evansville.



# Clear the Air

This year, for the safety of our community, and with guidance from our Board of Directors and Foundation Board, the 21st Annual Foundation Dinner was canceled. In its place, the foundation held its first-ever online fundraising campaign that helped achieve the goal of raising \$30,000 to help with the purchase and installation of additional negative air pressure environments for Hamilton Memorial Hospital and family clinics.

Negative air pressure is an isolation technique that prevents cross-contamination from room to room. It allows air to flow into an isolation room without escaping back out into other areas of the hospital, keeping staff safe while still maintaining the highest standard of care. The COVID-19 National Pandemic

has shined a light on the importance of extra safety precautions—just like having additional negative air pressure environments.

"The Foundation Board was excited about the opportunity to reach new donors, raise funds, and create awareness on the importance of having additional negative air pressure environments at HMHD," said Bethany Reyling, HMHD Marketing and Foundation manager. "We cannot thank our staff, community, and fellow businesses enough for their support of this campaign. Their generosity helped us surpass our goal and raise over \$50,000 for this very worthy cause," continued Reyling.

**Total Raised- \$58,366.28**

**"We cannot thank our staff, community, and fellow businesses enough for their support of this campaign. Their generosity helped us surpass our goal."**

*Bethany Reyling, HMHD Marketing and Foundation Manager*

## CEO Recognized at Annual Conference

Hamilton Memorial Hospital District (HMHD) Chief Executive Officer, Victoria Woodrow was named one of the "4 Under 40" at the Illinois Critical Access Hospital Network (ICAHN) annual conference.

The "4 Under 40" award honors ICAHN member hospital professionals who are making a significant difference and have demonstrated success in their healthcare career. Nominees are judged on professional accomplishments, awards, and milestones.

Woodrow, a Southern Illinois native with an extensive background in healthcare business development, strategy, and public relations, came to Hamilton Memorial Hospital from SSM Good Samaritan in Mt. Vernon, IL where she directed business development and marketing initiatives. Woodrow became the CEO at HMHD in 2017 after working as the Director of Business Development and Marketing for the hospital for the prior two years. During her time as CEO, she has worked diligently with her team and Board of Directors to improve the hospital's financial health including extensive efforts in revenue cycle operations and enhancement of the Transitional Care (swing bed) Program.

Her leadership during COVID-19 includes improved local COVID-19 testing capacity and establishment of the Hamilton County COVID-19 Planning and Preparedness team, which focuses on pandemic responses and collaboration across local governments, schools, healthcare, and health department resources.

**"I am blessed and humbled to be part of a team comprised of so many who have dedicated their lives to caring for their friends, neighbors, and fellow residents. I'm grateful to get to work alongside a group of amazing people."**

*Victoria Woodrow, HMHD CEO*

"I want to thank our Board of Directors and all staff for their contribution to helping HMHD fulfill its honorable mission of providing quality care to our communities every day. Without their support and dedication this award would not be possible," said Woodrow.



*Victoria Woodrow, HMHD CEO with Pat Schou, Executive Director of the Illinois Critical Access Hospital Network*



## Emergency Department

- Five bed Emergency Department staffed 24/7 with qualified staff

## Family Clinics

- Two convenient locations in McLeansboro and Carmi
- Same Day Appointments
- Tele-health visits
- Walk-in weekend clinic on Saturday and Sunday
- DOT Physicals
- Behavioral Health

## Laboratory

- Highly sophisticated testing center
- Services include hematology, chemistry, urinalysis, blood gas, coagulation, paternity testing and wellness screenings
- Now doing COVID Rapid and PCR testing

## Medical/Surgical Patient Unit

- Qualified, highly trained, compassionate nursing staff
- Large, comfortable, private rooms complete with individual patient shower and bathroom

## Rehabilitation Services

- Aquatic Therapy
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Cardiac Rehabilitation

## Specialty Care

- Behavioral Health- individual, family, and marital counseling
- Cardiology
- Nephrology
- Podiatry
- Pulmonology
- Sleep Lab
- Wound Healing Center

## Surgical Services

- Outpatient surgery and scopes

## Transitional Care Rehab/Swing Bed

Skilled care options:

- Patients may have had hip fractures, joint replacement, stroke, prolonged recovery from surgery, severe wounds, or need short-term IV antibiotic therapy.
- May include intensive therapy two times per day
- Assistance with evaluations of home therapy available for swing bed patients upon returning home

## Radiology | Imaging

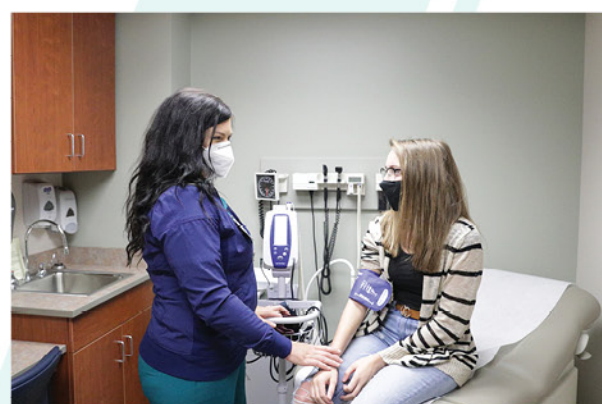
- General Diagnostic Testing
- 3D Mammography
- CT
- Ultrasound
- MRI
- Bone Densitometry
- Nuclear Medicine

## Respiratory Therapy

- PFT
- EKG
- 24-hour Cardiac Monitoring
- Nebulizer Therapy
- Home Oxygen Evaluation
- Asthma Education
- Pulmonary Rehab

## Senior Enrichment

- Helping Seniors cope with: depression, unresolved grief, anxiety, worry, isolation, loneliness, sleep/appetite changes, feelings of hopelessness, anger, low self-esteem in a multidisciplinary team approach.
- Confidential group, individual and family therapy
- Medication management





Friend of Hamilton Memorial Hospital



Alec Hood, MD  
Internal Medicine  
McLeansboro Family Clinic



Rodney Miller, MD\*  
Surgical Services  
McLeansboro/Carmi  
Family Clinic



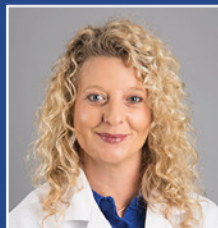
Kadhiresan Murugappan, MD  
Internal Medicine  
McLeansboro Family Clinic



Brent Schwarm, MD\*  
Internal Medicine  
McLeansboro/Carmi  
Family Clinic



Deb Burns, PA-C  
Family Medicine  
Hospitalist  
McLeansboro Family Clinic



Jeanie Chamness, PA-C  
Family Medicine  
Hospitalist  
McLeansboro Family Clinic



Laura DeVous, FNP-C  
Family Medicine  
McLeansboro Family Clinic



Jamie Jacobs, FNP-C  
Family Medicine  
Carmi Family Clinic



Heather Mitchell-Johnson,  
AGACNP/FNP-C  
Family Medicine  
McLeansboro Family Clinic



Diana Vaughn, FNP-C  
Family Medicine  
Carmi Family Clinic



Morgan Warren, NP-C  
Family Medicine  
McLeansboro Family Clinic

**Hamilton Memorial**

MCLEANSBORO FAMILY CLINIC

611 S Marshall Ave, McLeansboro, IL 62859

Monday - Friday | 8am - 5pm

Saturday - Sunday | 10am - 2pm

618.643.2988

**Hamilton Memorial**

CARMi FAMILY CLINIC

1112 Oak Street, Carmi, IL 62821

Monday - Friday | 8am - 5pm

Saturday | 9am - 3pm

618.382.5030



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